

## VITAMIN THERAPY MENU

### BEVERLY HILLS BEAUTY

410 USD

Start your vacation feeling beautiful inside and out! Rehydrate, replenish and restore with Beverly Hills IV Therapy's famous solution that includes Antioxidants, which have been shown to prevent skin from aging. This solution containing Biotin, Glutathione, Zinc, Ascorbic Acid and Vita-Complex is ideal for hydrating the skin, and restoring collagen and elastin. High doses of Ascorbic Acid and Glutathione will brighten your skin leaving you feeling younger, beautiful and more confident than ever. This vitamin IV is a mainstay of our celebrity clientele in Beverly Hills.

### SURFERS PARADISE

440 USD

Looking to jump from the beach and enjoy a couple of waves at your leisure with warm turquoise waters lapping up against your body? Niyama is a Surfer's Paradise and be sure to try out our combined energy and dehydration drip after a vigorous day under the hot sun. It enhances energy and focus levels by infusing the body with a specially formulated combination of electrolytes, fluids, vitamins and antioxidants and also provides you faster, more effective dehydration and fatigue relief.

### GET UP AND GO GO

440 USD

Hey Honeymooners! Need some extra energy? Feeling a bit slow on vacation? Our energy booster will give you the get up and go that will make your holiday truly memorable. The Vitamin B12, Hydroxocobalamin, Vita-Complex and Amino Blend are what your cell's power plants are screaming for, and it even enhances male stamina. Love is in the air!

### HANGOVER CURE

390 USD

Late night fun should not ruin your trip. Get your groove back while at beautiful Niyama! Our proprietary blend of B5, Zinc, Mineral Blend, Vita-Complex, Selenium, Ascorbic Acid, Magnesium + Toradol\*\* (need physician's permission) will help remove your hangover blues.

### HAPPY HYDRATION

310 USD

Get your glow back after a fun day at the beach. Hydration Therapy can alleviate fatigue, stress, hunger, flush out toxins, moisturize the skin and support the immune system. Get hydrated with our B12 cocktail, Electrolytes, and Ascorbic Acid.

### IMMUNITY BOOST

390 USD

Boost your immune system to help whatever life throws at you. A high dose of Vitamin C has been shown to fight off the effects of infection. B12, Zinc, Mineral Blend, Ascorbic Acid, Glutathione, Selenium and Magnesium will get your immune system up and running. Also great if you have a cold or flu.

### JET LAG BUSTER

340 USD

Kick your jet lag after a long flight to Niyama. This vitamin therapy will help you recover faster with a solution of Vitamin B12, Magnesium Chloride, Vita-Complex, Ascorbic Acid, Selenium and Taurine. Say goodbye to jet lag upon your arrival or departure and enjoy your trip to the fullest.

### MASTERED MYERS COCKTAIL

465 USD

An updated formulation of the Johns Hopkins pioneer in IV therapy, Dr. Myers. Great for boosting the immune system, allergies, fatigue, and other acute and chronic illnesses and conditions.

### NAD+ YOUTH BUILDER

865 USD

NAD+ (a coenzyme needed in all of our cells) can help you think sharper, look sexier, and feel younger. It has also been known to aid in reducing loss of muscle mass, hypertension, abdominal obesity, poor liver function, metabolic disease, hearing loss, and chronic fatigue. NAD+ and other vital mitochondrial components decrease with age. By combining our NAD+ with beauty boosters, amino acids, and brain phospholipids, it will help establish brain and muscle youthfulness again.

### PLATLET-RICH PLASMA (PRP) FACIAL

620 USD

A PRP procedure harnesses the power of your own body's growth factors to rejuvenate tissues. PRP has been around since the 1970s. PRP is a truly remarkable and natural treatment that has many benefits for the skin. During a facial treatment with PRP, your very own concentrated platelets are injected into the skin with tiny painless needles, and this creates an improvement in the quality of the skin – in particular with fine lines and wrinkles, but also with color, texture, and tone. It also stimulates the growth of new collagen and improves blood supply, therefore helping your skin to carry a more youthful appearance and glow. The procedure is short and the downtime minimal, meaning patients can return to their normal daily activities almost immediately. This procedure can be used as a sole treatment to improve skin quality and can focus on particular areas, such as the face, hands, neck, décolleté, or under eyes (also known as the tear troughs). Some patients will also opt to use PRP in conjunction with other treatments.

### SUNBURN HEALER

440 USD

A wee bit of extra time in the sun? Don't be red-be happy! Glutathione, Vitamin C, B Complex and Magnesium in our Sunburn vitamin IV will keep your skin and attitude healthy!

### 2 FIT 2 QUIT

410 USD

Need some extra energy? Are you feeling a bit slow on vacation after a long day on Niyama's beautiful beaches? This is ideal for the weekend warrior, the pro athlete, or the active ones that just need a boost. Our vitamin IV hydration combined with Taurine, Mineral Blend, Amino Acids and B12 will assist in recovery and muscle building and will give you the get up and go that will make your holiday truly memorable. (\*If aches or pains – add Decadron with physician's permission).

### WEIGHT LOSS MAGIC

465 USD

Don't want to be seen on the beach with extra weight on the love handles? Come get a weight loss infusion. Vita-Complex, Taurine, MICC and Ascorbic Acid will help to reduce toxins and give your cells good nutrients. Taurine helps improve digestion, as fats are broken down. Along with Diet Boost capsules, this is the perfect start to a diet that works. Proper hydration helps to alleviate hunger.

### BOOSTER SHOTS

- Anti-inflammatory 95 USD
- Anti-inflammatory Wonder Drug Glutathione 120 USD
- Anti-nausea 95 USD
- Headache-Buster 95 USD
- MICC 95 USD
- Slimming Boost 95 USD
- Vitamin B12 75 USD

*Note: All procedures are plant-based, organic, FDA approved and made in the US by a compounding pharmacy.*

*All prices quoted are in US Dollars and are inclusive of 10% service charge and 12% GST.*