

# WOMEN'S DAY

## CELEBRATIONS AT NIYAMA

This Women's Day, raise a glass, awaken your senses, and embrace wellness with fun experiences designed to inspire and empower.

- **Sips & Sisterhood**

**The Deli | 4:00 p.m – 5:00 p.m | \$100 nett per person**

Toast to togetherness with a guided wine tasting by our expert female sommelier, featuring Old and New World wines paired with a gourmet charcuterie board.

- **Empowered by Flavour**

**Blu | 12:30 p.m – 2:30 p.m | \$150 nett per person**

Master the art of Maldivian cuisine with a hands-on cooking class led by our talented chef. Create a delicious 3-course meal and take home recipes to cherish.

- **Aqua Fit!**

**Epicure Pool | 11:15 a.m – 12:00 p.m | Complimentary**

Dive into an energising pool workout with trainer Martin—strengthen, tone, and celebrate the power of movement.

- **HeART for Her**

**The Deli | 1:00 p.m – 5:30 p.m | Complimentary**

Join the fun and sprinkle your words into the Niyama HeART installation, a tribute to strength, love, and unity. All women will receive a complimentary treat as a sweet gesture. Open to all—join us and be part of this meaningful celebration!



For reservations & enquiries, please [click here](#).

