

## NIYAMA to go "N, G"

Take away breakfast bag (on departure) Included in room rate

- Choice Of Burritos:
   Breakfast burrito filled with smoked salmon or smoked chicken or tempeh
- Assortment of Danish & Croissant
- Fresh fruits, Alain Milliat orange juice, still water, muesli bar

### Lagoon Sunrise G, D, N"

37 per person

Add 62 per floating tray

- Choice of Juice: Orange, Pineapple, Coconut water.
- Tropical Fruit Platter
- Plain or Fruit Yoghurt
- Selection of Pastries & Breads with butter, jams, honey
- Choice of Beverage: Freshly brewed coffee,
   Decaffeinated coffee, Hot Chocolate or a Selection of
   Gourmet Teas
- Very Berry Rise Smoothie: Strawberry puree, banana, pineapple chunks, orange juice, strawberry yoghurt

# Look Good "VG"

37 per person

Add 60 per floating tray

- Choice of Green Juice
   Ginger Cooler: cucumber, celery, ginger, lemon or
   Greeny Delight: spinach, pineapple, lemon, coconut water or
   Apple Cleanser: apple, cucumber, basil, lime
- Berry Cherry Nut Muesli with Manuka organic honey & prunes, coconut yoghurt, hazelnut & chia seeds "N"
- Hydroponic leaves and herbs, quinoa & avocado
- Scrambled tofu and grilled tempeh, cherry tomatoes
   & green asparagus
- Coconut water
- Freshly brewed green tea with lemon slices
- Berry Berry Smoothie: Blueberry, raspberry, almond milk "N"



### Breakfast 7am-11am

## Maldivian Style"SP, G"

37 per person

Add 60 per floating tray

- Choice of Juice: Orange or Coconut water
- Fresh Seasonal Fruit Platter
- Assortment of short eats, coconuts roshi
- Main Plate: Tuna Curry, Chicken Curry, Dhal Curry, steamed rice, chapatti, coconut sambal, tuna-chili sambal
- Black Tea
- Varah Meeru Smoothie : Coconut puree, papaya, youghurt, milk, honey

# Asian Tray<sup>"D, G"</sup>

37 per person

Add 60 per floating tray

- Blushing Dragon Juice: Dragon fruit, passion fruit, lemongrass, basil leaves, orange
- Chicken or Vegetable Porridge
- Assortment of Dim Sum
- Stir Fried Eggs Noodles & Vegetables
- Main Plate: Fried or Over Easy or Scrambled or Filled Omelet or Poached Eggs with spinach, asparagus
- Soya Bean Milk & Dough Stick
- Tropical Fruit Platter
- Choice of Beverage: Freshly Brewed Coffee, Decaffeinated Coffee, Hot Chocolate or a Selection of Teas
- Coconana Smoothie: Banana, coconut puree, yoghurt, milk, honey



### Breakfast 7am-11am

# American Style"P, N, G"

44 per person

Add 60 per floating tray

- Choice of Juice: Orange, Apple, Pineapple, Eye opener
- Tropical Fruit Platter
- Choice of Plain or Fruit Yoghurt
- Muesli *or* Cereals
- Freshly Baked Basket Of Pastries & Breads
- Butter, Jams, Honey
- Main Plate: Fried or Over Easy or Scrambled or Filled Omelet or Poached Eggs
- Homemade Chicken or Pork sausages with mushrooms
- Roasted cherry tomato, bacon & hash brown
- Choice of Beverage: Freshly Brewed Coffee,
   Decaffeinated Coffee, Hot Chocolate or a Selection of Teas
- Bluemond smoothie: Blueberry, strawberry, almond milk, vanilla ice cream, peanut butter, yoghurt

# Big Morning<sup>"P, N, D, G"</sup>

44 per person

Add 60 per floating tray

- Freshly squeezed orange juice
- Tropical fruit platter
- Charcuterie, smoked fish & cheese platter
- Green leaf and avocado salad, quinoa and mixed seeds
- Main Plate: Fried or Over Easy or Scrambled or Filled Omelet or Poached Eggs with spinach, asparagus & hollandaise sauce
- Homemade Pork or Chicken Sausage, hash browns
- Simply nutty muesli, rosemary honey, Greek yoghurt
   & blueberry
- A selection of pastries, breads, butter, jams, honey
- Choice of Beverage: Freshly Brewed Coffee,
- Decaffeinated Coffee, Hot Chocolate or a Selection of Teas
- Mango Tango Smoothie: Mango, pineapple, yoghurt, milk, honey



### Breakfast 7am-11am

### Ultimate Champagne Breakfast "P, N, D, G"

Half bottle of champagne on ice

204 per person Add 60 for floating tray

- Fresh Orange or Mango Juice
- Caviar Kaviari Kristal 15 grams
- Homemade Smoked Salmon, toast, capers, onion, lemon
- Green Leaf & Avocado Salad
- Main Plate: Creamy Scrambled Eggs or Poached Egg with truffle hollandaise
- Grilled Mushroom, Homemade Chicken or Pork Sausage, Hash Brown
- Warm Waffles or Pancake with fresh sliced fruits and berries
- Butter, jams, honey
- Freshly baked basket of pastries & breads
- Choice of Beverage: : Freshly Brewed Coffee,
   Decaffeinated Coffee, Hot Chocolate or
   A Selection of Gourmet Teas



## Ala Carte Breakfast 74m-114m

Juices	
<ul> <li>Freshly Squeezed Juice</li> <li>Choice of: Watermelon, Orange, Papaya, Melon, Grape,</li> <li>Pineapple, Apple</li> </ul>	13
<ul> <li>Freshly Made Vegetable "BOOSTER"</li> <li>Antioxidant: Beetroot, carrot, celery, ginger</li> <li>Spinach Vitality: Cucumber, green apple, celery, baby spinach, lime juice</li> <li>Green Glow: Avocado, pineapple, corriander, Romaine lettuce</li> </ul>	13
<ul> <li>Freshly Made Fruit "ENERGIZER" Juice</li> <li>Rise Up: Pomegranate, watermelon, strawberry</li> <li>Tropical Shine: Passion fruit, pineapple, ginger</li> <li>Citrus Fields Zesty: Carrot, orange, ginger, lemon, honey</li> </ul>	13
Breakfast Smoothie  Banana & Honey Tropical Fruit Mango	13 13 13
Variety of Coffee / Teas /	

**Hot Chocolate** 

9



### Ala Carte Breakfast 7am-11am

Fruits / Yoghurts / Cereals	
<ul> <li>Plain Yoghurt <i>or</i> Fruit Yoghurt Bowl "D"</li> <li>Choice of Rice Crisps <i>or</i> Cornflakes,</li> <li>Coco Pops, All Bran, Weetabix, Gluten free cereals "G, D"</li> </ul>	10 13
<ul> <li>House Blended Muesli with Skimmed, Full Cream Milk,</li> </ul>	<del>-</del> 3
Soy Milk <i>or</i> Oat Milk "N"	13
<ul> <li>Chef's Bircher Muesli "N, D"</li> </ul>	15
Oatmeal topped with banana and berries "D"	18
Berry Cherry Nut Muesli with manuka organic honey, prunes,     coconut yearburt, barelaut **VC N C**	20
<ul><li>coconut yoghurt, hazelnut "VG,N,G"</li><li>Simply Nutty Muesli with rosemary honey, Greek</li></ul>	20
yoghurt & blueberry "VG, N, D, G"	20
<ul> <li>Muesli high fiber, orange blossom organic honey, Inca</li> </ul>	20
berry, pecan nut, strawberry "VG, N"	20
Tropical Fruit Platter	28
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Breads/Pastries "N, G, D"	
<ul> <li>Freshly Toasted Bread : Multi-grain, Rye,</li> </ul>	17
White & Brown Bread with butter preserves &honey	
<ul> <li>Niyama Pastry Basket: Croissant, Danish Pastries, Pain Au Chocolate &amp; Muffins with butter, preserves &amp; honey</li> </ul>	23
Charcuterie / Cheese	
<ul> <li>Cold Cuts Board "P, N"</li> </ul>	25
Cheeses Board "D,N"	25
<ul> <li>Smoked Fish Platter "SF"</li> </ul>	25
<ul> <li>Assortment Mixed Platter "D, P, N"</li> </ul>	25
All served with condiments, pickles and bread basket "G"	
Pancakes / Crêpes / Waffles	
Buttermilk Pancakes or Crêpes "D,N, G"	18
Red berries, whipped cream, chocolate sauce,	
hazel nuts or vanilla syrup	
• Waffles "D, G"	18
Maple syrup, wild berry compote, strawberry,	
whipped cream, banana, chocolate sauce	



## Ala Carte Breakfast, Jam-11am

#### **Breakfast Hot Dishes**

•	Fried Yellow Noodles "G" Chicken <i>or</i> Prawn	15
•	Rice or Millet Porridge with condiments & pickles	15
•	Chicken <i>or</i> Fish Porridge	15
•	Chinese Chicken Noodles Soup "G"	15
•	Fried, Over Easy, Scrambled, Boiled or Poached Eggs "P" Grilled tomato, homemade sausages, sautéed mushroom, hash brown, green asparagus Choice of bacon: Pork, Beef <i>or</i> Turkey	18
•	3 Egg Whites <i>or</i> Full Yolk Omelet "P" Grilled tomato, homemade sausages, sautéed mushroom, hash brown, green asparagus. Choice of bacon: Pork, Beef <i>or</i> Turkey	18
•	3 Eggs Stuffed Cheese & Ham Omelet "P, D" Grilled tomato, homemade sausages, sautéed mushroom, hash brown, green asparagus. Choice of bacon: Pork, Beef <i>or</i> Turkey	18
•	Eggs Benedict "G" Toasted brioche, asparagus, mushrooms spinach, sauce hollandaise	20
•	Breakfast Burritos "D, G" Eggs, cheese, sausage, peppers, green leaf salad	20
•	Choice of Bacon and Vegetable Frittata Green leaf & avocado salad	20



## All Day Dining 11am - 11pm

## Salad & Appetizer

•	Reef Fish Carpaccio White fish, olive oil, lemon juice, arugula onion, cherry tomato, orange segment	35	
•	Smoked Madagascar Octopus Smoked octopus, baby potato confit, mushrooms, cherry tomato confit, Madagascar sauce	37	
•	6 Pcs. Fine De Claire Oyster Platter	47	
•	Greek Salad "D" Bell pepper, feta, kalamata, cucumber, cherry tomato, green dried oregano, olive oil	31- 47	
•	Chicken Caesar Salad Romaine lettuce, shaved parmesan, Caesar dressing, crouton, egg, anchovy	34 - 57	
•	Caprese Salad "D" Buffalo mozzarella, tomato, pesto, basil & balsamic reduction	35 - 52	
•	Laab Gai "SP" Minced chicken breast salad, lime, roasted rice powder, chili flakes, shallot, coriander, spring onion, mint & fish sauce	35 - 57	
•	Thai Beef Salad Grilled beef sirloin, shallot, celery, coriander, cucumber	37 - 60	
Sc	Soups		
•	Taiwanese Braised Pork Noodles Soup "P, SP" Egg noodles, bok choy, coriander, carrot, tofu, egg, spring onion	30	
•	Singaporean Laksa "SF" Coconut, prawn, rice noodle & tofu	33	
•	Mushroom Cream Soup "V, VG, D" Garlic, onion, herbs, cream & butter	23 - 44	
•	Roasted Tomato Soup "V, VG" Garlic, butter & cream	23 - 44	
•	Parihuela Soup "SF, SP" Baby octopus, mussel, cod fish, crab, calamari, salte, aji panca, parihuela stock, onion & cilantro	33 - 62	
•	Oxtail Rice Noodle Soup Borneo style oxtail soup, carrot, potato, nutmeg, spice, celery, spring onion & lime	33 - 62	



#### Main Courses

•	Nasi Goreng with Chicken Satay "G, N" Prawn, fried egg, prawn cracker, pickled vegetables	50
•	Catch of the Day "SF" Grilled reef fish fillet, stir fried vegetables & mashed sweet potatoes	53
•	Polmard Beef Tartare Homemade French fries & garden salad	60
•	Lamb Shank with Randang Sauce Jasmine rice, turmeric broccoli & fine beans	62
•	Arroz Marisquero Limeno "SF, SP" Mixed seafood, rice yellow chili sauce, limeno sauce, vegetable salte & sarza criolla	62
•	Veal Chop with Herbs and Garlic Crust "G" Baby potatoes & garden salad	65
•	Steamed Seabass Fillet "SF, SP" Thai herbs, fish sauce, chili, garlic, coriander	68
•	Maldivian Coral Lobster "SF, D"  Garlic butter, garden salad	97
•	Sri Lankan Beetroot Curry "VG, V, SP" Steamed jasmine rice	47 - 72
•	Vegan Jackfruit Massaman Curry "VG, V, N" Steamed wild rice	47 - 72
•	Stir Fried Beef Noodles "G" Egg noodles, fried egg, pickled vegetable, prawn crackers	50- 81
•	Mushrooms, Spinach & Quinoa Risotto "V"	50 – 97
•	Hainanese Chicken Rice "G" Poached chicken, sesame oil, ginger sauce, chili soya	56 - 87
•	Seco de Serdo "P, N, D" Pork cheeks, green coriander, tapioca puree, taro chip & vegetable	60 - 89
•	Green Prawn Curry "SP"  Green rice, cucumber relish, prawn, eggplant, kaffir lime, coconut milk, sweet basil	62 - 105
•	Barbeque Pork Ribs "P" Garlic corn cob, potato wedges & garden salad	62 - 105



47

• Homemade Four Cheese Ravioli "D, N, G"

Green asparagus, tomatoes walnuts & balsamic vinegar

#### Pasta

<ul> <li>Fettuccini Arabiata "D, G"         Tomato sauce, garlic, pepper, chili     </li> </ul>	35 - 65
<ul> <li>Linguine Fruit de Mare Al Forno "D, G"     Red pepper concasse, seafood, tomato cherry &amp;     oven baked parmesan cheese</li> </ul>	40- 74
<ul> <li>Wagyu Spaghetti Bolognese "D, G"</li> <li>Wagyu Beef Bolognese sauce, parmesan cheese</li> </ul>	40 - 77
<ul> <li>Black Truffle Spaghetti Carbonara "D, G"</li> <li>Cream, pecorino, parmesan, egg yolks, onions</li> </ul>	74- 124
Burger, Sandwich & Wrap	
<ul> <li>Grilled Vegetable Panini "V, N, G"         Cashew nut paste, guacamole, balsamic dressing, romaine, crusted tofu, pesto     </li> </ul>	31
<ul> <li>Mediterranean Chicken Wrap "D, G"         Tortilla, yoghurt, romaine, onion, tomato, pickled vegetable, sumac dressing, French fries     </li> </ul>	31
<ul> <li>Niyama Club Sandwich "D, G"         White sourdough bread, homemade smoked chicken, spinach, avocado, turkey bacon, fresh &amp; sundried tomatoes, aioli     </li> </ul>	35
<ul> <li>Pulled Jackfruit in Pita Bread Pocket "V,VG,G"</li> <li>French fries, tomatoes salsa and sliced red cabbage</li> </ul>	35
<ul> <li>Beef Burger "P, D, G"         Burger bun, beef patty, romaine, caramelized red onions,         Monterey cheese, pork bacon, potato wedges     </li> </ul>	35
<ul> <li>Sushi Burger with Smoked Salmon Tartare "G" Gohan rice, romaine, onion, nori, sesame sheet</li> </ul>	44
<ul> <li>Niyama Truffle Burger "G, D"         Burger bun, Portobello mushroom, balsamic glazed onions, arugula &amp; parmesan potatoes wedges     </li> </ul>	47



#### **Pizzas**

•	Vegan Pizza "VG, V, G" Spinach, tomato cherry, mushrooms, mashed tofu, oregano, basil, arugula	34
•	Margherita Pizza "V, D, G" Tomato sauce, mozzarella, basil	34
•	Pepperoni Pizza "P, D, G" Mozzarella cheese, basil, oregano, pork pepperoni	36
•	Maldivian Tuna Pizza "SP, SF, D, G" Tuna, olives, onions, cherry tomatoes, buffalo mozzarella, arugula, green chili	37
•	Calzone "P, D, G" Mozzarella cheese, homemade chorizo, parmesan cheese, mushroom, onion, olives, basil, pepper, oregano	40
•	Four Seasons Pizza "D, P, G" Mushrooms, artichoke, kalamata olives, prosciutto, basil, oregano mozzarella cheese	40
•	Quatro Formaggi "D, G" Parmesan, ricotta, mozzarella, gorgonzola, oregano, basil	40

#### Sausages "P, D, G"

37 - 84

• Assorted grilled sausages, peppers and potatoes

Assortment of homemade grilled sausages served with baby roasted peppers and potatoes, dipping sauces



#### Dessert Selection 11am-11pm

<ul> <li>Vegan Coconut Crème Brulee "D, VG"</li> <li>Red berries</li> </ul>	25
Mango Sticky Rice D     Coconut sauce & fresh mango	28
<ul> <li>Madagascar Chocolate Delight "D"         Madagascar chocolate mousse, crispy choco soil, dark coco sauce     </li> </ul>	28
<ul> <li>Blueberries Tiramisu "A, G, D"</li> <li>Semolina phirni, coconut cake, cassava pudding, coconut apple Ice cream</li> </ul>	28
<ul> <li>Sable Lemon Cheese Cake "G, D" Caramelized orange, mixed berry sauce</li> </ul>	28 – 50
<ul> <li>Oum Ali &amp; Baklava "N, D, G"</li> <li>Orange segment, raspberry amerana sorbet,</li> <li>bitter ganache Manjari</li> </ul>	28 – 50
Tropical Fruit Platter     Seasonal sliced fruit	28 - 60

• Selection of Homemade Ice cream & Sorbets

18 per 3 scoop

Vanilla Bean Ice Cream
Manjari Chocolate Ice Cream
Coconut Apple Ice Cream
Strawberry & Basil Ice Cream
Stracciatella Coffee Ice Cream
Rum & Raisin Ice Cream
Lemon & Thyme Sorbet
Passion Fruit & Lychees Sorbet
Lemongrass & Limencello Sorbet "A"
Mango & Coriander Sorbet
Screw Pine Sorbet



### Kids All Day 11am-11pm

•	Spaghetti Parmesan, tomato sauce	18
•	Home Made Chicken Nuggets Mayonnaise, ketchup	18
•	Crumbed Fish Strips "SF"	18
•	Mini Beef Burger With or without cheese, tomato, lettuce	18
•	Garden Salad "V" Carrots, cucumber, lettuce, French dressing	18
•	Minute Steak French fries, tomato sauce	18
•	Vegetable Fried Rice "V"	18
•	Tomato Soup "V" Buttered toast soldier	14
•	Steamed Carrots, Spinach, Broccoli "V, VG"	12
•	French Fries with Tomato Sauce "V, VG"	12
*	Purée and semi purée foods are available on request If you require any meal not on the menu we would be happy to make it for you.	
Ki	ds Sweets 11am-11pm	
•	Tropical Fruit Salad "VG"	13
•	Chocolate Walnut Brownies "N"	13
•	Banana split Ice Cream Chocolate Sauce "N"	12



# Overnight $_{\mbox{\tiny 11pm-7am}}$

### **Appetizer**

<ul> <li>Greek Salad "D"</li> <li>Bell pepper, feta, kalamata, cucumber, cherry tomato, green dried oregano, olive oil</li> </ul>	31 - 47
<ul> <li>Chicken Caesar Salad         Romaine lettuce, shaved parmesan, Caesar dressing, crouton, egg, anchovy     </li> </ul>	34 - 47
• 6 pcs. Fine De Claire Oyster Platter	47
Burger, Sandwich & Wrap	
<ul> <li>Grilled Vegetable Panini "V, N, G"         Cashew nut paste, guacamole, balsamic dressing, romaine, crusted tofu, pesto     </li> </ul>	31
Beef Burger "P, D, G"     Burger bun, beef patty, romaine, caramelized red onions,     Monterey cheese, pork bacon, potato wedges	35
<ul> <li>Niyama Club Sandwich "D, G"</li> <li>White sourdough bread, homemade smoked chicken, spinach, avocado, turkey bacon, fresh &amp; sundried tomatoes, aioli</li> </ul>	35
Soup	
<ul> <li>Mushroom Cream Soup "V, VG, D, G" Garlic, onion, herbs, cream &amp; butter</li> </ul>	23 - 44
<ul> <li>Taiwanese Braised Pork Noodles Soup "P, SP, G"</li> <li>Egg noodles, bok choy, coriander, carrot, tofu, egg, spring onion</li> </ul>	30
Pasta	
• Fettuccini Arabiata "D, G" Tomato sauce, garlic, pepper, chili	35 - 65
<ul> <li>Wagyu Spaghetti Bolognese "D, G"</li> <li>Wagyu Beef Bolognese sauce, parmesan cheese</li> </ul>	44 - 77
<ul> <li>Black Truffle Spaghetti Carbonara "D, G"</li> <li>Cream, pecorino, parmesan, egg yolks, onions</li> </ul>	74 - 124



# Overnight $_{\mbox{\tiny 11pm-7am}}$

#### Main Course

<ul> <li>Nasi Goreng with Chicken Satay "N, G"</li> </ul>	50
Prawn, fried egg, prawn cracker, pickled vegetables	
Catch of the Day "SF"	53
Grilled reef fish fillet, stir fried vegetables & mashed sweet pota	toes
Polmard Beef Tartare	60
Homemade French fries & garden salad	
<ul> <li>Vegan Jackfruit Massaman Curry "VG, V, N"</li> </ul>	47 - 72
Steamed wild rice	

#### **Sweets**

•	Vegan Coconut Crème Brule "D, VG" Red berries	25
•	Blueberries Tiramisu "A, G, D" Semolina phirni, coconut cake, cassava pudding, coconut apple Ice cream	28
•	Coconut Crème Brule Caramelized banana clove, passion fruit lychee sorbet, butter scotch	31
•	Tropical Fruit Platter Seasonal sliced fruit	28 - 60

#### Sustainable Practices

We are committed to sustainable practices throughout our culinary services:

- ° Divert 100% of fryer oil waste (Bio-fuel)
- ° Locally-sourced foods and ingredients that are harvested, and produced locally, and/or sustainably wherever possible, and prepared in ways that respect and maintain quality, freshness, and pureness.

#### Green Glossary

Local food: In an effort to support local communities, and bring fresh reef fish, tuna and lobster from local fishermen to your fork, we source produce from within a 250-mile radius whenever possible. Because we have developed seasonal menus, some items may be subject to local availability. If any ingredient is out of season, we will make every effort to substitute the items with another sustainable option.